If you're like the majority of Americans over the age of 45, you want to continue living in a familiar environment throughout your maturing years.

According to the AARP, homeowners overwhelmingly prefer to age in place, which means:

living in your home safely

independently and comfortably

regardless of age or ability level.





Home modifications to increase access and maneuverability.

Working with a Certified Aging-In-Place Specialist (CAPS) to perform all the necessary accessibility modifications need is recommended.

CAPS professionals have been taught the strategies and techniques for designing and building aesthetically enriching,

barrier-free living environments.



DISCUSS WITH YOUR CAPS PROFESSIONAL:



• Exterior

Low maintenance exterior Low maintenance shrubs and plants Deck, patio or balcony surfaces

• Overall Floor Plan

Main living / single story Steps and stairs Clear spaces / turn space

• Hallways

Widths Lighting

• Windows

Maximum Natural Light Lowered windows Low maintenance interior / exterior Easy to operate hardware

Garage

Covered carports and boarding spaces Widths to accommodate lifts Door height to accommodate vans Aisle space Slope / ramps/ handrails

• Faucets

Lever handles Thermostatic or anti-scald Pressure balanced



• Entry

Accessible Paths No step / covered Lighting Flooring—no slip Safety Working Doorbell Drop Zone

• Thresholds

Locations Flush and size

 Interior Doors Clear space Door hardwar



Countertops & Cabinetry

Wall support / adjustable or varied heights Lowered height on upper wall

Contrasting color

Full extension drawers/ roll out trays/ lazy susans

Pull down shelving Open shelving Glass doors

• App<mark>lian</mark>ces

Easy to read controls
Controls on cook top
Dishwasher height or type
Side by side refrigerator/freezer
Microwave in wall or at counter height
W & D raised and Front Loading



- Stairway, Lifts, Elevators
- . Ramps
- Storage
- Electrical, Lighting, Safety & Security
- Flooring
- Energy Efficiencies
- Heating, Ventilation, and Air Conditioning
- Reduced Maintenance
- Convenience Features



Bathroom

- Countertops and cabinetry
- Entry and spacing
- Bracing
- Shower curb / adjustable shower head / seat
- Low maintenance
- Flooring slip resistance
- Bathtub
- Toilet





CAPS Services:

- Consultation
- Interior / Exterior Design
- Kitchen & Bath Design
- Modifications
- Aging In Place Products—specify, supply and /or install
- Planning
- Implementation



Certified Aging-In-Place Specialist Houses For Living. Homes For Life.

